

# I HAVE THE RIGHT TO TRAINING

I Have The Right To curates curricula and training in partnership with middle and high school educators, administrators, and parents, all with the goal of creating an ecosystem of respect and support for students and survivors of sexual assault.

View below the menu of training options that we can customize for your school, based on your unique needs, culture, and religious affiliation (if any). [Contact us](#) to learn more, or to design a training together that isn't yet listed here.

<b>I HAVE THE RIGHT TO TRAINING</b>	<b>TARGET AUDIENCE</b>	<b>DESCRIPTION</b>
Asking For Help	Students	Learning this vitally important skill is critical to building communities that promote the safety and well-being of all its members.
Aspirational Masculinity	Male-identifying students and teachers	We're all familiar with "toxic masculinity," but what does a healthy masculinity look and feel like? In this training, we explore "aspirational masculinity" as a model for the wholeness, health, and well-being of males and how aspirational masculinity can reduce gender-based violence.



Consent 1.0 and 2.0	Students, teachers, parents, and administrators	Learn the legal and cultural definitions of consent and why these definitions are crucial to preventing sexual assault in schools. This challenging and vital conversation embodies the core principles of leadership and becoming a whole human.
How to be an Upstander: Keeping Your Community Safe	Students	Being an active bystander is the ultimate service to school communities. This training prepares students to act. Practice and preparation is the key to rising to the occasion when community members need help—knowing what to look for and how to respond when our friends are at risk.
I Have The Right To Consent Conversation Cards	Students, teachers, and parents	Our Consent Conversation Cards help students engage with each other about topics that are crucial for healthy relationships. Learn how to use the cards to stimulate discussion, learning, and conversation.
<i>I Have the Right To</i> Memoir Discussion: The Power of Using Your Voice	Students and teachers	Using Chessy Prout's memoir, <i>I Have the Right To</i> , as the focal point of discussion, learn about the impact of sexual assault on survivors and their families, how a school and the broader community may respond, and what it takes to speak up against injustice. <i>I Have the Right To</i> is a compelling memoir of the author's sexual assault while at an elite boarding school.



		the ensuing trial, and her decision to publicly tell her story.
Institutional Courage: Rewriting the Playbook	Leaders, board, administrators, and teachers	Learn how to respond to sexual misconduct in a trauma-informed way with transparency, courage, and integrity. Participants will hear how to mitigate harm and promote healing for survivors and families.
LGBTQ+ Safety and Respect	Students and teachers	Learn through data how the LGBTQ+ community is at a higher risk for sexual assault. Research shows that in schools with LGBTQ+ support groups (such as gay-straight alliances), LGBTQ+ students were less likely to experience threats of violence, miss school because they felt unsafe, or attempt suicide than students in schools without LGBTQ+ support groups. This training will help students and teachers to make all students feel safe at school.
On the Field and in the Halls: Leadership Training for Student-Athletes	Coaches and student-athletes	Athletes are often role models and leaders on campus. This training develops empathy and leadership skills so that student-athletes understand their influence and impact on and off the field.



Responding to Disclosures of Assault	Students, teachers, parents, and administrators	How we respond to disclosure of sexual abuse can make a difference in the survivor's healing journey. Learn how to recognize signs of assault and how to respond in a trauma-informed way. Know your role as a mandatory reporter and how to help a survivor seek justice and healing.
Talking to Teens About Healthy Relationships and Safe Dating	Parents, teachers, and staff	As teens learn how to navigate relationships, they look to adults to model healthy relationship behavior. This training provides key talking points to use with teenagers and the space to practice the vital, sometimes scary, conversations that make all the difference.
Signs of Healthy and Unhealthy Relationships	Students, teachers, and counselors	We will empower students and adults with a common language and understanding that healthy relationships are the key to a safe and healthy community. This training advances an understanding of the components of healthy and unhealthy relationships.
Signs and Symptoms of Sexual Abuse: Impact of Trauma on the Teenage Brain	Counselors, administrators, students, and teachers	Students often show signs of trauma or feeling unsafe. If the adults in their lives know the signs, they can help facilitate healing. This training helps recognize signs, build empathy, and provides ways to help.



Survivor Story	All constituents	Hear from a survivor about the power of using one's voice and the positive impact that supporting survivors can have on school communities. Survivor stories build pathways to healing and connection for schools.
The Violence of Gender Norms	Students and teachers	Learn how strict adherence to gender norms creates an environment that isn't safe for non-binary community members. This training will provide data and actionable steps to help reduce conditions that increase violence and sexual assault.

